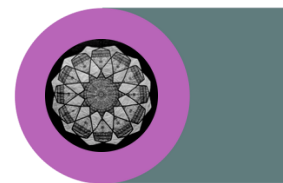




SINCLÈTICA MONASTIC SCHOOL
KNOWLEDGE, ARTS & INTERIORITY

SUFFERING

October 15 / 22 / 24-26, 2025



Sinclètica Monastic School gives you access
to the learning experience of our innovative
Program in a weekend module

Program Coordinator:
Sr. Teresa Forcades, OSB

Monestir de Sant Benet de Montserrat (Catalonia)
www.sincletica.cat



THE TOPIC FOR THE THEMATIC BLOCK IN OCTOBER 2025 IS SUFFERING

- A team of eight international professors will be sharing **Eight Pearls** on SUFFERING from the perspective of Science, Politics, Philosophy, Literature, Bible, Fine Arts, Theology and Music. **Pearls** are scientific, literary, artistic or musical works, theological writings or biblical passages that the subjectivity of each professor finds particularly helpful or illuminating.
- **Monastic wisdom has always known that experience and knowledge cannot be separated.** A key element of our program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.
- The lectures can be attended on-site at Villa Engràcia (next to the medieval Monastery of Poblet: villaengracia.com) or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.
- The lectures are in English. Videos of the lectures are accessible to all students during 30 days, starting on the day of the lectures. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish are made available.

The fee for a weekend is 160€ on site / 210€ on-line
Interested please write to the Registrar's Office:
registrar@sincletica.cat



SUFFERING

SINCLÈTICA MONASTIC SCHOOL
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Wednesday 15 - only online

19:30 PROTOCOL & ANTICIPATION

19:45 FINE ARTS

'The Tempest', by August Rodin (1898)

NATÀLIA ESQUINAS (BADALONA)

20:30 DIALOGUE WITH PROF. ESQUINAS

Wednesday 22 - only online

19:30 PROTOCOL & ANTICIPATION

19:45 PHILOSOPHY

'The Concept of Anxiety', by Søren Kierkegaard (1844)

MAGNUS SCHLETTE (HEIDELBERG)

20:30 DIALOGUE WITH PROF. SCHLETTE

FRIDAY 24

18:00 OPENING PRAYER / PROTOCOL & ANTICIPATION

18:45 LITERATURE

'Margaret Clitheroe', by Gerard Manley Hopkins (1844-89)

MARGHERITA PASCUCCI (FLORENCE)

19:30 *Silence*

19:50 SMALL GROUPS / DIALOGUE WITH PROF. PASCUCCI

20:50 CLOSURE



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SATURDAY 25

9:30 MORNING PRAYER / PROTOCOL & ANTICIPATION
10:15 POLITICS

Father Camilo Torres, 'the guerrilla priest' (1929-66)

GIORGIO BARBERIS (ALESSANDRIA, Italy)

11:00 *Silence*

11:20 SMALL GROUPS / DIALOGUE WITH PROF. BARBERIS

Chi-kung exercises / Lunch at 13:00

14:00 PROTOCOL & ANTICIPATION

14:15 MUSIC

'Prelude in G minor', by Frédéric Chopin (1839)

CRISTINA ZAFRA (BARCELONA)

15:00 *Silence*

15:20 SMALL GROUPS / DIALOGUE WITH PROF. ZAFRA

16:30 PROTOCOL & ANTICIPATION

16:45 THEOLOGY

'And how could grapes produce wine without first being trampled?' Maznawi Book I §2932, Mawlānā Rūmī (13th cent.)

HALIL BÁRCENA (BARCELONA)

17:30 *Silence*

17:50 SMALL GROUPS / DIALOGUE WITH PROF. BÁRCENA

19:00 CLOSURE



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SUNDAY 26

9:30 **PROTOCOL & ANTICIPATION**

9:45 **BIBLE**

‘GOD said, I have indeed seen the suffering of My people’ (Ex 3.7)

DEBORAH WILLIGER (COLOGNE)

10:30 *Silence*

10:50 **SMALL GROUPS / DIALOGUE WITH PROF. WILLIGER**

Prayer / Chi-kung exercises / Lunch at 12:45

13:15 **PROTOCOL & ANTICIPATION**

14:00 **SCIENCE**

‘The Palliative Society: Pain Today’, by Byung-Chul Han ((2021)

SILVIA GUERINI (BERGAMO)

14:45 *Silence*

15:00 **SMALL GROUPS / DIALOGUE WITH PROF. GUERINI**

16:00 **PERSONAL WORK: MY PEARLS FROM THE WEEKEND**

17:00 **FINAL DIALOGUE**

18:00 **CLOSURE**

Optional prayer with the Cistercian community in Poblet

5:15 Matins / 7:00 or 7:30 Lauds / 8:00 or 10:00 Eucharist

18:30 or 19:00 Vespers / 20:30 or 21:00 Complines